

Need help with unemployment insurance?

Navigators are available to help you understand and file for unemployment insurance in person.

Learn how to:

- File for unemployment benefits.
- Verify your identity and protect your information.
- Avoid delays on your claim.
- Identify the documents you need.
- Connect with resources for job seekers.

Now serving you from mobile locations around Idaho.

Talk to a navigator at your nearest Idaho Department of Labor office. Find locations at labor.idaho.gov/officedirectory.

Apply for unemployment insurance on the [online Claimant Portal](#).

Questions? Visit the [Frequently Asked Questions](#) page.

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